



Veggie Seed Planting Guide

Vegetable	Planting Season S = Spring Mar-May SM = Summer Jun-Aug F = Fall Sep-Nov W = Winter Dec-Feb	Planting Depth	Distance between seed	Distance between plants after thinning.	Distance between rows	# of days to sprout	needs cool soil	tolerates cool soil	needs warm soil	Days to maturity	Remarks
Artichoke	S / F	1/8"	12"	4'-6'	8'	14			*	180-240	Thin to 4' - 6' apart
Arugula	S / SM	1/4"	1"	6"	6"	10-15		*		30-45	Thin when 1/2" tall. Plant in 3 wk intervals.
Beans: Snap Bush	S / SM	1"	1-2"	6"	3' - 4'	10			*	63	Thin when 1" tall. Plant in 3 wk intervals.
Snap Pole	S / SM	1"	1-2"	6"	3' - 4'	10			*	60-70	Thin when 1" tall. Plant in 3 wk intervals.
Lima Bush	S / SM	1 1/2"	3-4"	4-8"	24-30"	5-18			*	65-85	Soak seeds 1-4hrs. Don't overwater plants.
Fava	F	1"	12"	6"	12"	10-25		*		85	No thinning needed. Cover crop - till stalks
Scarlet Runner	S / SM	1"	1-2"	6"	3' - 4'	10			*	60-70	Thin to when 1" tall. Plant in 3 wk intervals.
Yardlong	S / SM	1"	1-2"	6"	3' - 4'	10			*	80	Thin when 1" tall.
Black-eyed Cowpea bean	S	1-1 1/2"	2-3"	2-3"	24-30	7-14			*	70-90	Drought tolerant, don't overwater. Frqnt hrvt incrs prodctn.
Beets	S / SM	1"	1"	2"	12"	5-25		*		48-65	Thin when 2" tall. Plant Early S or Late SM.
Broccoli, sprouting	S / SM	1/2"	1"	6-18"	1-2'	7-20		*		48-75	Thin per variety / packet instructions. Early S or Late SM.
Brussels Sprouts	S / SM	1/4"	4-6"	18-24"	2'	5-10		*		85-110	Thin when 2" tall. Plant Early S or Late SM.
Cabbage	S / SM	1/2"	3"	12-18"	20"	7-15		*		65-86	Thin when 3" tall. Plant Early S or Late SM.
Carrot	S / SM	1/4"	1"	3"	12"	10-25		*		65-75	Thin when 1" tall. Plant Early S or Late SM.
Cauliflower	S / SM	1/2"	3"	18"	2'	8-10		*		75-120	Thin when 2" tall. Plant Early S or Late SM.
Celery	S	1/8"	1"	6"	1'	15-30	*			100-120	Thin when 1/2" tall. Plant shortly after last frost.
Chard, Swiss	S / F	1	6-10	4-8	18-24	7-10		*		55-65	Use thinnings for early greens.
Chicory	SM	1/4"	2"	8-12"	18"	2-15		*		70-100	Blue flowers in second year
Chives	S / SM	1/2"	1/4"	N/A	N/A	10-15		*		25-35	
Collards	S / SM	1/2"	3"	12"	18-24"	10-15		*		60	Thin when 3" tall. Plant Early S or Late SM.
Corn, Sweet	S / SM	1"	6"	12"	2-3'	5-10			*	68-84	To assist w/ith pollination, plant in short parallel rows.
Cress, Garden	S	1/8"	1"	2"	6"	5-15		*		20-30	Thin when 1/2" tall. Plant after last frost date.
Cucumber	S	1/2-1"	6-8"	12"	remarks	5-10			*	60-65	Plant 6 seeds/mound, thin to 3plant/mound when 3 leaves
Dandelion	S / SM	1/2"	4-5"	8-10"	12"	7-14		*		60-75	
Edamame Soybeans	S	1"	1-2"	4"	N/A	10			*	75	Thin when 1" tall. Plant after soil has warmed up.
Eggplant	S	1/4"	rrmrks	18"	18"	10-20			*	80	Start indoors. Transplant outdoors 3-4 wks after last frost.
Endive	S / F	1/4"	3"	10"	18-24"	10-14		*		65	Thin when 1/2" tall. Plant very Early S or Early F.
Fennel, Florence	S / SM	1/4"	1"	10"	10"	14		*		90	Thin at 1". Plant mid SM for bulb, S every 3wks for foliage.
Garlic	S / F	1"		2-4	12-18	6-10		*		90-sets	



Veggie Seed Planting Guide

	Planting Season S = Spring Mar-May SM = Summer Jun-Aug F = Fall Sep-Nov W = Winter Dec-Feb	Planting Depth	Distance between seed	Distance between plants after thinning.	Distance between rows	# of days to sprout	needs cool soil	tolerates cool soil	needs warm soil	Days to maturity	
Jicama	S / SM	1/4	1-2"	8-10	18"	7			*	150	Plant late Spring - early Summer
Kale	S / SM	1/2"	1"	6-10"	12-18"	10-20		*		50-70	Thin at 1/2"-2". Plant very Early S or Late SM.
Kohlrabi	S / SM	1/2"	1"	4"	12-18"	10-14		*		55	Thin when 2" tall. Plant Early S or Late SM.
Leeks	S / SM	1/2"	1/2"	4"	12"	7-14		*		120	Thin when 1" tall. Plant Early S or Late SM.
Lettuce: Head	S / F	1/8"	1"	5-8"	8-10"	5-10	*			50-75	Thin at 1/2-1" . Plant very Early S or very Late SM.
Leaf	S / F	1/8"	1"	6"	6"	5-10	*			60-75	Thin when 1/2". Plant very Early S or very Late SM.
Mache (Corn Salad)	S / SM / F	1/2"	1/2"	4"	12"	10-20	*	*		60	Thin when 3-4 leaves. Best in cool soil.
Muskmelon	S	1/2"	12"	4-6'	4-6'	5-10			*	70-85	Thin at 4", 1 plant/mound. Plant away from cucumbers.
Mustard	S	1/4"	2"	6"	12-18	10-15		*		20-48	Thin when 1". Plant Early S or Late SM.
Okra	S	1"	6"	18"	4'	10-15			*	55	Thin when 4". Plant when night temps reach 55 degrees.
Onion	S / F	1/4"	1/2-2"	rmrks	12-18"	10-15	*			60-115	Thin for variety. Often grown from sets or seedlings.
Parsley	S / F	1/4"	1"	8"	16"	14-40	*			30-40	Thin when 1". Prefers cool soil.
Parsnips	S / SM	1/2"	1/2"	3"	18"	10-25		*		95-105	Thin when 1". Plant Late S or SM.
Peas	S / F	1"	2"	N/A	18"	5-10	*			58-70	Support climbers. Shade seedlings from hi temps
Peppers	S	1/4"	rmrks	24"	3'	10-25			*	63-100	Start indoors. Transplant outdoors when day temps 70+
Pumpkin	S	1"	6-8"	18-24"	4-6'	5-14			*	90-100	Thin at several leaves to 3 per hill. Give them room
Radish	S / F	1/2"	1/2"	1-5"	8"	5-10	*			24-60	Thin and plant for variety.
Rutabaga	S / SM	1/2"	1-2"	6-8"	10-12"	7-14		*		95-100	Plant Early S or mid SM. Sweeter roots when cool soil.
Shallot	S	1/2"	1/2"	12-18"	18-24"	4-13		*		100	Plant Early S, 1/2" apart, in a 2-4" band.
Shungiku	S / F	1/2"	2-3"	12-15"	18"	5-14		*		30-50	Best in cool weather
Spinach: Leaf	S thru F	1/2"	1"	4-5"	12"	5-10		*		27-45	Plant Early S, then successive 3wk intervals through F
Malabar	S / SM	1/2"	4-6"	12-18"	18-24"	5-10		*		60	Vine to 14'. Thrives in hot humid (tropical) conditions.
New Zealand	S	1/2"	4-6"	12-18"	18-24	5-10		*		70	Heat resistant vine like plants.
Squash (summer)	S	1"	4"	12"	4-6'	5-10			*	45-55	Thin at several leaves to 3 per hill. Give them room
Squash (winter)	S / SM	1"	10-12"	24"	6-8'	5-10			*	80-100	Thin when 2"/several leaves, to 3 plants/hill. Give room.
Sunflower	S	1"	4"	12-18"	3'	8-10				80-90	Thin when 3" tall.
Swiss Chard	S	1/2"	2"	8"	18"	10-15	*			50-60	Thin when 2" tall. Plant 2-4 weeks before last frost.
Tomatillo	S	1/4"	4"	18-24"	3'	10			*	65-80	Plant late Spring - early Summer
Tomato	S	1/8"	6"	30-36"	4-5'	5-10			*	57-80	Sew seeds when soil reaches 60 degrees.
Turnip	S / F	1/4"	1/3"	3"	1'	5-10	*			50	Thin when 1/2" tall. Plant Early S or Early F.
Watermelon	S / SM	1/2"	12"	24"	4-6'	5-10			*	80-95	Thin 4" vines to 2' apart. Small size mature earlier